

# PSYCHOLOGICAL FIRST AID FOR SCHOOLS TRAINING



Participants will be trained in Psychological First Aid for Schools. (PFA-S) is an evidence informed approach to help children, adolescents, adults, and families in the immediate aftermath of a traumatic incident. PFA-S is designed to reduce the initial distress caused by traumatic events and to foster short and long-term adaptive functioning and coping. PFA-S was developed by the National Child Traumatic Stress Network and the National Center for PTSD, with contributions from individuals involved in disaster research and response. One day training.

#### **Audience:**

All school staff members regardless of whether he/she has had mental health training, first responders, mental health professionals, religious professionals, disaster volunteers, health and public health officials.



**PRESENTER**  
**TAPITHA LEON**

February 18, 2026    WORKSHOP #376209  
**8:30 am - 3:30 pm**



**PRESENTER**  
**ALICIA TREVINO**

**REGION ONE EDUCATION SERVICE CENTER**  
**1900 W. SCHUNIOR EDINBURG, TX 78541**  
**RIO GRANDE ROOM**  
**REGISTRATION FEE: \$100.00 FOR FULL DAY SESSION**

**6.0 CEUs**

FOR MORE INFORMATION CONTACT:  
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